

# Functional Tip

*with the Area Agency on Aging District 7 and the  
Shawnee State University Occupational Therapy Program*



**Diabetes can prevent you from doing the things you love if it is not managed well. Learning ways to self-manage is key!**

*Learn more by watching a recorded version of our "Functional Fridays" broadcast on the Area Agency on Aging District 7 Facebook page or [www.aaa7.org](http://www.aaa7.org).*

